

American Cancer Society Honors Westminster, Md. Cancer Caregiver

BALTIMORE, MD – April 29, 2011 - Karen Haughey, R.N., O.C.N., of



Westminster, Md., is one of eleven outstanding cancer care providers who have been chosen to receive the 2011 American Cancer Society Lane Adams Quality of Life Award, a prestigious national prize for cancer caring. The Lane Adams Quality of Life Award recognizes individuals who have made a difference through innovation, leadership, and consistent excellence in providing compassionate, skilled care, and counsel to persons living with cancer and their families. The awards will be presented in a ceremony in Atlanta, Georgia on Thursday, May 12, 2011.

A clinical nurse at Alliance Hematology and Oncology in Westminster, Haughey is known to spend hours on the telephone with a cancer patient or caregiver who is struggling. She encourages her patients and their families to celebrate life and to surround themselves with others who have battled cancer for support. Outside of her work, Haughey volunteers for the American Cancer Society Relay For Life of Westminster, an overnight celebration of cancer survivorship and fundraiser for patient services and programs and cancer research. The annual event, scheduled for May 13-14, 2011 at the Carroll County Agricultural Center, expects more than 1,000 area residents to attend. As the event's survivor recruitment chair, Haughey encourage hundreds of cancer survivors to attend the event and feel the embrace and support of other survivors.

"Karen truly provides the 'warm hand of service' honored by the Lane Adams Quality of Life Award. She ensures that cancer patients and their loved ones have the emotional and physical support they need to fight cancer and become survivors," said Jen Burdette, community manager for the American Cancer Society.

"Going above and beyond the call of duty to extend the 'warm hand of service' to cancer patients is very important to these remarkable individuals," said Edward E. Partridge, M.D., national volunteer president of the American Cancer Society.

"These extraordinary awardees deserve to be recognized for their efforts to provide hope to those touched by cancer, and for helping us create a world with less cancer and more birthdays."

Individuals like this year's Lane Adams recipients are critical to helping the American Cancer Society save lives from cancer. The Society has recognized cancer caregivers through the Lane Adams Quality of Life Award since 1988. The awards advisory group includes longtime national Society volunteers, including Vicki Adams Quan, the daughter of Lane W. Adams, the former executive vice president of the Society who coined the term the "warm hand of service" and made attention to compassionate care a legacy of his service.

Posted by [Dawn Ward](#), Communications and Marketing Director for the American Cancer Society's South Atlantic Division

21st Annual Fund-raiser



**Saturday, September 17,
2011**

7:00 pm. until Midnight
Columbus Gardens
4301 Klosterman Ave
Baltimore, MD 21236

Mark this date on your calendar and celebrate Sock Hop Night, featuring the School of Rock with the Baltimore Cancer Support Group. Join us for an evening of fun, dining and dancing.

**BULL ROAST
OPEN BAR
SILENT AUCTION**

**Music by:
JAIL HOUSE ROCKERS
DJ's**

All proceeds benefit the Baltimore Cancer Support Group, Inc.

Tickets are \$50 per person.

**For more information, or
to reserve tickets, please
call 410-671-6828.**

Inside this issue:

BCSG Meetings and Events.....	p. 2
Carroll County News	p. 2
Relay for Life.....	p. 3
I Can Cope.....	p. 3
Cancer Prayer.....	p. 3
Living with Cancer.....	p. 4



MARK YOUR CALENDAR!

September 17 – Twenty First Annual Charitable Fund raiser
7:00– Midnight
Columbus Gardens 4301 Klosterman Ave.

December 19 - Holiday Group Celebration - 7:00 pm.
Westminster United Methodist Church,
162 East Main Street, Westminster

December 22 - Holiday Feast - 7:00 pm.
St. Peter's, 7910 Belair Road

Groups will not meet on Labor Day, Sept. 5, Nov.24 (Thanksgiving holiday), and Dec. 26, or Jan. 2 or 5, 2012 (Christmas and New Year's holidays.)

Who comes to the Baltimore Cancer Support Group?

If cancer has touched your life as a patient, caregiver, family member friend or bereaved person, we welcome you. BCSG offers a safe, confidential setting in which to share your fears, concerns and problems, as well as your triumphs. Under the leadership of trained professionals, weekly support groups give members an opportunity to exchange feelings, information and encouragement.

In addition to weekly meetings, BCSG maintains a resource library and provides speakers on topics of interest to our members. This non-profit, non-sectarian community service organization is supported by fundraisers and donations. Credit card donations can be accepted via the Baltimore Cancer Support Group website, www.baltimorecancersupportgroup.org.

CARROLL COUNTY NEWS

A bus will be available from the Carroll County Cancer Center on September 17, 2011 at 5:45 pm to take those who do not want to drive themselves to the fundraiser. Due to the increase in gas and other expenses, we will need to charge a nominal fee of \$5.00 per person. We need to know in advance if you plan on riding the bus.

Please contact Barbara Thorn at 410-781-7218 or Karen Haughey at 410-655-7171. Seats will be given on a first-come, first-served basis.

BCSG MEETINGS

- **Patient Groups** – Focus is on dealing with the physical and emotional challenges facing patients coping with cancer.

Westminster United Methodist Church
Monday evenings, 7:00-8:30

St. Peter's Church
Thursday evenings 7:00- 8:30

- **Caregiver Groups** – The stresses experienced by caregivers in meeting patient's needs, as well as their own, are addressed.

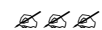
Westminster United Methodist Church
Monday evenings, 7:00-8:30

St. Peter's Lutheran Church
Thursday evenings 7:00 – 8:30

- **Bereavement Groups** – Supports those working through the grieving process.

Westminster United Methodist Church
Thursday evenings 7:00-8:30

St. Peter's Lutheran Church
Thursday evenings 7:00 – 8:30



BCSG MEETING LOCATIONS

St. Peter's Lutheran Church
7910 Belair Rd.
Baltimore, MD 21236

Westminster United Methodist Church,
162 East Main Street
Westminster, Maryland 21157



FOR INFORMATION CALL:
410-668-1762

WEB PAGE

WWW.BALTIMORECANCERSUPPORTGROUP.ORG

Relay for Life

American Cancer Society's Relay for Life of Westminster 2011

This year the annual Relay for Life was held on May 13th & 14th at the Carroll County Ag Center. This was the 5th year members of the Carroll County Cancer group have walked in honor of Gail Hart under the team name, "Hart's Hope". This year's Relay consisted of 60 teams with 967 participants. The total raised for the American Cancer Society was \$156,776.95. Our team came in third with a total of \$8,122.00 achieving "Platinum" level. Two team members, Margaret Zalis & Barbara Thorn became Grand Club members by raising over \$1000 each.



CANCER PRAYER

We pray for all those undertaking chemotherapy, "chemo" the use of medicines or drugs to treat disease, which the Lord will work out His perfect will in your situation and bring about healing. We ask that The Great Physician will heal all those that have undergone surgery and radiation therapy and that the fire of God will destroy all the cancer cells. We speak peace to all the patients and ask the healing virtue of Our Lord God will flow through every vein, tissue, cell, ligament and that healing will manifest. We believe that Gods desire is manifest in your life. His desire is written in 3 John 2 "Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along". We speak peace to all the families having cancer patients. We speak uncommon provisions to cater for all the expenses needed to take care of the patients. We destroy every generational curse and declare that they will not continue but the blessings of God will overshadow each and every one of you. We are in agreement with God's word in Jeremiah 30:17 "But I will restore you to health and heal your wounds declares the LORD." So be it, in Jesus Name. Amen.

Reference: <http://www.prayer-for-cancer.com/>

"I CAN COPE"

In conjunction with the American Cancer Society & Carroll Hospital Center a series of talks were held during weekly support group meetings. These talks were to offer reliable information about cancer-related issues.

This year members learned important information about genetic counseling from Jessica Rispoli Jones. Stacey Wilson, a personal trainer & nutritionist, gave informative information on nutrition and physical fitness for cancer patients.

In July, Dr. Johanna DiMento, was introduced to the group as the latest addition to the Cancer Center. Dr. DiMento answered questions and provided insight into various cancer treatment protocols.

Marcia McMullin, RN BSN
Community Educator
The Learning Center, Carroll Hospital Center

Living with Cancer

Cancer is often a disease that lasts a long time, and people may be treated for it for many years. Sometimes, people close to the patient who were very involved at first grow distant as the treatment continues over the course of months or years. It is understandable that you can become "burned out" when supporting a person with cancer. Still, people with cancer need emotional support throughout the entire course of the illness. Remember that the encouragement and support of those around them can help people with cancer get a new perspective and have hope, even when they feel beaten down by cancer or its treatment. Also, the support of family and friends helps people with cancer try to get on with their old activities and have as normal a life as their illness will allow. So if you are going to be a support for a person with cancer, try to hang in there for the long term. Being there and then leaving can be very painful for your loved one, and can feel even worse than not ever being there at all.

It is often hard to know if you are crossing boundaries or treating the person with cancer too much like a "cancer patient" and not like your friend or family member. Encourage the person with cancer to let you know if you cross this line. Every person with cancer appreciates the friend or family member who remembers that they used to be a person without cancer -- that they had, and still have, strengths and weaknesses, interests, and parts of life that have nothing to do with cancer. Sometimes being the person in the "cancer patient's" life who remembers the whole person is a special gift.

Reference: American Cancer Society

Baltimore Cancer Support Group, Inc

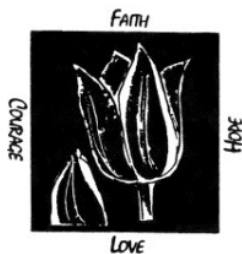
Conference Center
St. Peter's Lutheran Church
7910 Belair Rd.
Baltimore, Maryland 21236
410-668-1762

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I would like to say many thanks to all our board members, patients, caregivers, and facilitators. Without them the Baltimore Cancer Support Group could not exist. As the Director, I get the great pleasure in being a part of such a wonderful group. There are so many giving people who have touched my life through the years. It is good to be able to give back to our community and help those who are in need of support.

Geraldene Booker, Executive Director, Baltimore Cancer Support Group, Inc.